

JANUARY NEWSLETTER



The month is January a New Year's begun. We're skating and sledding and having such fun.

I'm a little snowman
I am so fat and round
I started from a snowflake that fell to the ground
I have two buttons for my eyes
a great big scarf of red
I have a carrot for my nose
Watch me as I melt to the ground!

(Tune: I'm a little teapot)
I'm a little snowflake white and round
I don't make a sound as I fall to the ground
When you look out your window you will shout
I'm putting on my mittens and going out!

A chubby little snowman had a carrot nose
Along came a bunny and what do you suppose?
That hungry little bunny looking for his lunch
ate the snowman's carrot nose
Nibble, Nibble, Crunch!

Ice Creame from Snow

Leave a big bowl outside to gather fresh snow to gather about one gallon
1 cup of white sugar
1 tablespoon of vanilla
2 cups of milk (sweet condensed milk works best) but most of us have limited supplies during a snow storm.
Stir together for your desired consistency.

Dear Families and Friends:

Happy New Year! We hope that 2015 will be a year of wonderful growth for your children.

Thanks to all who helped sell raffle tickets. You did an amazing job helping us. Thanks also to the Scranton Rotary for their check for \$1,500 from their benefit on Labor Day weekend. We also received a memorial donation from a church in New Jersey. These extra funds really helped are budget. As you know the economy and our communities have been really stretched and every little bit helps.

Your donations for the Woman's Resource Center were overwhelming! Not only did our families step up but friends of PLCTA really came through as well. I myself, have never experienced abuse, however, so many beautiful women have. For those that find themselves battered and without hope, I pray our U R Strong caddies, bring some warmth to their hearts. Remember we must teach our sons and daughters that love does not hurt!

In the upcoming year, we have some exciting socials planned for your children. Make sure you read the flyer for January socials. Remember you choose the social you feel is appropriate for your child. The stated age recommendations; is just that. You know what is best.

The Walk for Autism Awareness and Acceptance is fast approaching. April 18th is the date. The third Saturday. Now is the time to become involved! We need help to spread the word about the race prior to the walk. It is also essential that we bring in new sponsors. Forms are posted on the website www.plcta.org Bring a form to any business you can think of. We need you help to continue this amazing community event. Be sure to look out for your registrations forms coming in the mail this month. Get them back early. The shirts are a pretty sky blue this year so you'll have them for "Light It Up Blue" each year.

My father always believed that folks became depressed after the New Year. He would put up Valentine's decorations the day after. I believe, there's always something to celebrate. Have a snowman picnic. The elves are gone back to the North Pole, but check out the a new tradition we are suggesting. Make the most out of each and every day. Let 2015 be the year we return to traditions in our homes. My resolution is to always grow in kindness. What did your family resolve to do better this year? Start a jar of gratefulness. Each day write something fantastic that happened, and slip it into the jar. Read them at the end of the month or year. You'll be very surprised.

On behalf of the Parents Loving Children Through Autism Foundation,
we pray that 2015 brings great blessings to all.

Your President,

Kathleen Marie Walsh



January



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6 Board Meeting 6pm at HQS	7	8	9	10  Bowling Social Idle Hour Bowling Lanes 1pm
11	12	13  Walk Mailing and Meeting. Mailing at 6pm meeting to follow we need volunteers,	14	15	16	17
18 Movie at Cinemark Movie Theatre 10am check out flyer to RSVP to MaryEllen	19	20	21	22	23	24 Bowling Social Idle Hour Bowling Lanes 1pm
25  Starting January 1st write good things that happen to you on little pieces of paper - surprise gifts - accomplished goals - the beauty of nature - "LOL" moments - memories worth saving - daily blessings Then on December 31st open the jar and read all the amazing things that happened to you in 2014!	26	27	28	29	30	31 

2015

January 2015 Social Groups



Youth and Middle Group combined

Date: January 18th, 2015

Time: Movie at 10am arrive at 9:30am

Movie: Night of the Museum Secret Tomb

Cost: Free to PLCTA children and siblings. Parents and extra guests cost is \$9.50 per person which includes a snack pack- which includes popcorn, candy and a soda.

RSVP: to MaryEllen at 346-2955 by January 15th

The movie is closed to the public. This showing is for PLCTA only.

Older Teen Young- Adult Social

Where: Idle Hour Bowling Lanes

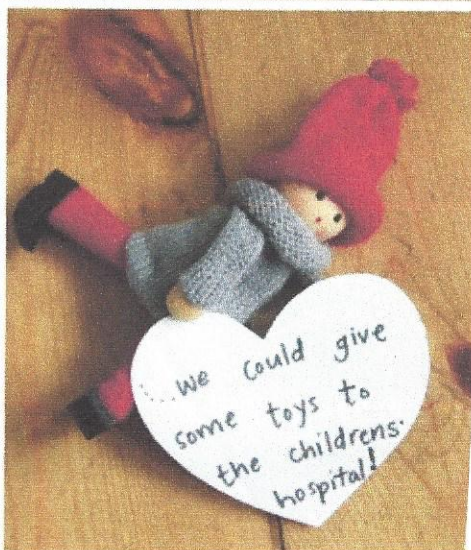
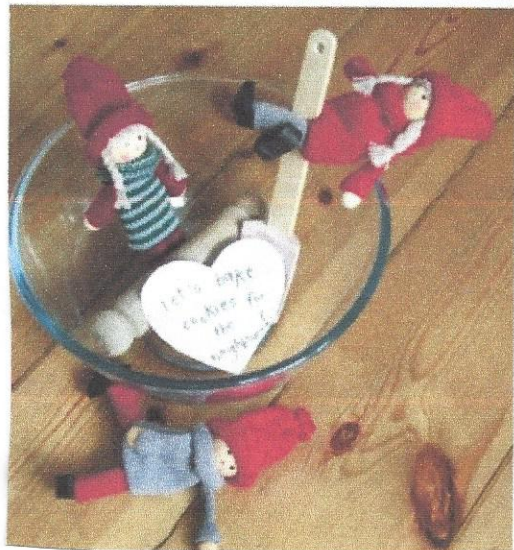
When: January 10th and January 24th

Time: 1:00pm (arrive 15 minutes prior to get shoes)

Roots Before Branches



THE KINDNESS ELVES



Let's begin a new tradition with Kindness Elves!

This is an alternative to the popular Elf on the Shelf idea, and place the focus instead on positive, character-building activities for kids. Teaching love, kindness and gratitude. With a hope to build a kinder world.

They will arrive in our home and have been sent to share some love and magic anytime, season, or holiday you deem fitting.

They will only be sharing kind ideas and noticing things that are lovely. There will be no focus on negativity, but they will still be lots of fun and silliness too!

They will be moved somewhere different each morning, sometimes in funny situations and positions, often next to an item that we need for that day's kindness activity e.g. inside a mixing bowl ready to bake some cookies as a gift

They will be holding little suggestions for acts of kindness, love or helpfulness that we can do together that day for e.g. "Let's collect some of your toys and give them away to the children's hospital", "let's make some cookies for the neighbors", "shall we visit an elderly friend/ relative?" etc

When they see the children doing kind and lovely things, they will leave a little note for them to find in the morning e.g. "Oh I loved it when I saw you sharing your new book with your little sister" or "you were very kind to help your Mummy load the dishwasher!" etc

Some mornings they may wake up to find the elves have lined up their shoes, tidied their coats, got the breakfast things ready or fixed a broken toy, modeling direct ways to be kind and helpful as a prompt for the children in the day.

Parents Loving Children Through Autism

FOUNDATION



AUTISM AWARENESS WALK

SAT., APRIL 18, 2015

NAY AUG PARK

SPONSOR FORM

ALL SPONSOR FORMS MUST BE RECEIVED BY: February 13, 2015

NAME/BUSINESS: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

PHONE #: _____

List your business/name EXACTLY as you would like it to appear:

(Note: For Gold, Silver and Bronze Sponsors, we are only able to list your business name.
Angel Sponsors can submit their logos, which will also be included on our advertisements and newsletter.
Only Monetary Sponsors will be included on the Walk Shirts, all other donations will be acknowledged the day of the walk.)

Gold Sponsor: \$100.00 Angel Sponsor: \$500.00 Silver Sponsor: \$50.00 Bronze Sponsor: \$25.00

Amount Enclosed: \$ _____

**Make checks payable to: PLCTA and mail to:
PARENTS LOVING CHILDREN THROUGH AUTISM FOUNDATION
P.O. BOX 425
CHINCHILLA, PA 18410
PHONE: (570) 341-3388**

A 501c(3) Tax-exempt Non-profit Foundation